



## **Seniors** **Warning Signs** ***That It's Time To Stop Driving\****

[\\*www.healthandwellnessalerts.berkeley.edu/alerts/memory/Alzheimers-Disease-and-How-To-Know-When-Its-Time-to-stop-driving\\_8113-1.html](http://www.healthandwellnessalerts.berkeley.edu/alerts/memory/Alzheimers-Disease-and-How-To-Know-When-Its-Time-to-stop-driving_8113-1.html)

There are warning signs to help determine when it's time for a person with a cognitive impairment to stop driving. While there are no *set* guidelines for determining when a person with Alzheimer's disease should stop driving, some states determine driving privileges based on the stage of the disease assigned by the physician. Be sure to discuss noticeable driving changes with the patient's doctor.

The following are some indicators that a person's forgetfulness is making it difficult for him/her to respond safely while driving. Record the date/time/when these behaviors occur, and discuss them with the person and his/her doctor.

- Not signaling for turns, or signaling incorrectly
- Confusion at Exits
- Hitting curbs while trying to park
- Parking inappropriately
- Driving at inappropriate times
- Delayed responses while driving
- Getting lost on a familiar route
- Getting "unexplained" dents on the car
- Confusing the brake and gas pedals
- Stopping at a green or flashing yellow light
- Having near-misses with pedestrians or other cars
- Getting tickets for poor driving
- Having accidents
- The "Grandchild" Test- If you wouldn't allow a grandchild to ride in the car with the driver, probably he/she shouldn't be driving at all